

VOLUNTEERS NEEDED

in West Edinburgh



Are you interested in helping in your local Community by volunteering?

Volunteering is flexible, fun, rewarding and makes a difference

There are many volunteering opportunities available in West Edinburgh

See inside for further information

Volunteering Opportunities

Munro Community Centre - 6 Parkgrove Street, EH4 7RN – 0131 5397179

The Management Committee are looking to offer more activities for all age groups within its programme. To do this we are inviting volunteers who are interested in starting up a new activity as part of the Centre Programme.

Do you have a hobby or skill you would like to share with others and are interested in setting up a group, please contact the management committee on munrocentre2@gmail.com or telephone 0131 5397179 We are also looking to recruit new Trustees at our next AGM. If interested in joining our committee please contact us as above to arrange a chat

Friends of Corstorphine Hill

Volunteers are needed within two of our projects

Walled Garden Maintenance. A group of 6-8 volunteers currently work in the Garden, doing weeding, general tidying, some planting. We need people with some experience of gardening. The garden is accessed from Clermiston Road.

Opening Corstorphine Hill Tower. We need a group of about 15 people to open the tower to visitors each Sunday, afternoon from 2-4 starting 5th May until the end of September. No experience needed. There are 3 people on duty each Sunday, one at the top of the tower and two at the bottom to meet and greet visitors. It is helpful if you can climb 100 steps up the tower, but not essential. If we have enough volunteers each person would be on duty about once per month. We will make up the duty rota in March.

For further information contact the Chair of FoCH Gordon Swann, gandmswann@gmail.com Tel 0131 374 4390.

Gyle Recreation Ground Association.

Gyle Recreation Ground is situated next to the Gyle Park with access from Wester Broom Place We are currently undertaking an upgrade of the facilities which comprise a small Community Centre, Grass football pitch (and surrounding area) and a small all weather area.

Most of this work is being undertaken on a voluntary basis and we welcome additional volunteers. There is a wide range of tasks and roles available, whether it be DIY tasks in and around the community centre as we aim to bring it back to life or the hard slog manual labour landscaping in the Tall Oaks enclosure or helping with committee work and fundraising.... any and all hours people are willing to help is most welcome.

For further information contact iain.briggs.gra@outlook.com or M) 07912641041

The Murrayfield Club - Murrayfield Parish Church, 2b Ormidale Terrace, EH12 6EQ

The Murrayfield Club (which is funded by the EIJ) runs on a Tuesday and Thursday each week to provide a safe, stimulating and fun environment for members of our community who are frail & elderly, living with the early stages of dementia or who are socially isolated. We have 10 members on each of these days who enjoy a wide variety of activities which mix together cognitive stimulation therapy, physical activities, memory games, topical discussions and much more.

To help us to provide these activities we welcome volunteers who can assist in games and encourage member participation, chat, serve tea and lunches, assist in walking members to and from the minibus and around the club rooms and motivate.

Volunteers are needed between 10:15am-2:15pm for the club which is held at Murrayfield Parish Church. We also run the Memory Lane Cafe, a dementia friendly cafe, at Saughtonhall Church every Friday 10am-12pm.

If you are interested or would like more information please visit our website [The Murrayfield Club](http://TheMurrayfieldClub) or call 07881288909.

We are also looking for people interested in becoming Trustees of The Murrayfield Club. If you would be interested please email jenny@themurrayfieldclub.com.

Vintage Vibes – Befriending Opportunities

We are partnering with Almond & Western Voluntary Sector Forum to help tackle loneliness and isolation in our West Edinburgh Community. Vintage Vibes is an Edinburgh based charity project that matches volunteers with people over 60 with similar interests. To help support more people we are looking for Friendship Volunteers to spend an hour or so a week with people so they can stay active members of our community. This is a companionship, not a carers role.

For more information, please email hello@vintagevibes.org.uk or visit www.vintagevibes.org.uk

Friends Of Gyle Park (SCIO)

Is a registered Scottish Charity with the purpose of Helping to conserve and develop the Gyle Park as a local facility and Green Space for the benefit of the community.

Volunteers are welcome to join us to make the park a pleasant local space in which to spend some time. There is a range of opportunities that you could become involved with including, bulb planting, helping to maintain the community orchard, litter picking, organising events and activities within the park. We also require some administrative support such as fundraising applications, producing a newsletter and helping with our social media.

For further information e-mail info@fotgp@yahoo.com or telephone Tommy M) 07851 16939

Girlguiding Edinburgh - Volunteer opportunities

Are you looking for a volunteering opportunity that will enable you to make a difference while developing new skills?

There are various volunteer opportunities across West Edinburgh, we are looking for unit leaders, helpers and administration support to help run units. No experience, no problem as training and support will be given! To find out more about the roles or to register your interest visit our website

<https://www.girlguiding.org.uk/get-involved/become-a-volunteer/register-to-volunteer/>

If you have any questions or would like to chat through options please get in touch with Kirsty at edincountygrowth@gmail.com

You're Never Too Old- Laura Ferguson Court, 72 Craigmount Brae

Are you looking to make a positive difference within a fun charity? YNTO has new exciting volunteer opportunities available! - We are looking for:

General volunteers to help with our support groups

As a volunteer you will join us on a weekly basis, either on a Monday or Tuesday, to support or groups for fun and social activities. We also occasionally have exciting day trips, lunches and trips to the pantomime!

An experienced Trustee treasurer

Our treasurer will join us at our board meetings. We hold about 4 to 6 meetings a year. This opportunity would mean you get to join us at YNTO and join a well-organised board of trustees.

If you are interested, please get in touch with

Anne Stewart, Service Development Manager on Tele:07741 645413 or

Email: anne.stewart@yourenevertoold.org.uk

or Deputy Service Development Manager, on Tele:07884378670

Email: ellen.graham@yourenevertoold.org.uk

Seagull Trust Cruises -

We are a Scottish Charity, Seagull Trust Cruises, offering free canal cruising from our base at Ratho to groups in the elderly, infirm and special needs population. Our barges are fully accessible for wheelchair users.

Can you help us Float Our Boat? Volunteer with us as a Crew Member. Learn to be a skipper. No previous experience required. We 'sail' seven days a week from late March to late October, plus Santa Cruises in December. Enjoy floating along the beautiful Union Canal!

See our website www.seagulltrustcruises.org.uk for more details. or e-mail 07749 034 468

Gogarloch Community Park Association

Volunteers are always welcome to help GCPA tidy up the small Gogarloch Park and surrounding area. Keeping hedges in trim, litter picking, repairing fences, planting flowers. All done with good humoured banter and laughs. Volunteer times are advertised on Facebook.

Contact gogarlochcommunitypark@gmail.com

Volunteer As a Trustee

There are many voluntary organisations in West Edinburgh all of which are managed by a volunteer committee of Trustees,

At any time it is likely that there will be several organisations in West Edinburgh looking to recruit members to their committee.

To be a trustee you do not have to have lots of professional skills or qualifications. Life skills and enthusiasm for the organisations purpose and aims is the most important thing.

Individuals with or without experience are welcome to become trustees and training is available for all new recruits.

If interested in becoming a trustee please contact an organisation directly or for general information e-mail tommy.awvsf@gmail.com

Western Neighbourhood Network –

Directory of Community Services in Drumbrae, Gyle Corstorphine & Murrayfield

The Directory gives information on local Voluntary Organisations and activities in the local area. Many of these organisations involve volunteers in delivery of their services

The Directory is now available online as part of the West Edinburgh Information Website –

<https://westedinburghinformation.wordpress.com/western-edinburgh-neighbourhood-directory/>

Hard copies are available in local Libraries and Community Venues

We would also appreciate some support in delivering the monthly Voluntary Organisations Activity Programme Leaflet.

For further information contact tommy.awvsf@gmail.com



Further information on Volunteering Opportunities is available on the local community website
westedinburghinformation.wordpress.com

This leaflet is

- Published by Almond and Western Voluntary Sector Forum
- Project Funded by CEC - Western Neighbourhood Network Community Fund