

General Volunteering Opportunities in Almond and West Edinburgh

Spring into Volunteering Event – Thursday 7th March 4pm – 7pm at Space to Be Gyle Centre

Are you looking to be involved with something new this year? Have you thought about volunteering or helping out in your local community?

West Edinburgh and Almond Neighbourhood Networks and the Almond and Western Voluntary Sector Forum are holding a Community Information & Volunteer Recruitment Drop in Event – **Spring into Volunteering** on Thursday 7th March from 4.00pm to 7.00pm in Space to Be (Gyle Centre- upper floor next to the food court) Within West Edinburgh there are many opportunities available for people to offer their time on a voluntary basis to help their local community on a general or individual basis.

Organised volunteering usually takes place through a charity or other not-for-profit or community organisation.

If you would like to know more about the many and varied local Volunteering Opportunities available within your local area and also general information on community organisations available in the Corstorphine and Murrayfield Area please come along to the event on 7th March. You will have the opportunity to talk to organisations who are currently looking for volunteers.

Further details, including a list of organisations that will be represented at the event, will be posted on westedinburghinformation@gmail.com or telephone 07851 116939 for further information.

West Edinburgh Information Website – <https://westedinburghinformation.wordpress.com>

The signposting website has been developed to increase visibility and reach of the amount and range of information available on Community Activities and services within the West Edinburgh Area. The website is available in 37 languages, is accessibility compliant and catalogues 100's of activities.

The success of the signposting website will depend on organisations providing up-to-date information on their own websites and ensuring key information is accurate as the signposting website links to organisations' websites.

The site includes a range of pages including information on individual organisations, catalogues sports and recreation, activities by age group, a weekly diary of clubs and activities offered, Special Events, What's on and volunteering opportunities.

The site is still being developed and we welcome any [feedback](#) on how this can be improved to meet the requirements of the local community and organisations.



#wellbeingwedwestedin

Supporting our community to improve physical and mental wellbeing.
Watch out for wonderful Facebook posts from Local Groups.

Please Note Some activities in this leaflet may make a small charge to cover costs

Any organisation wishing to have Information included in the March Edition edition of the Leaflet must submit information to tommy.awvsf@gmail.com by 18th February 2024

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what's on

VOLUNTARY SECTOR ACTIVITY PROGRAMME FOR THE WEST EDINBURGH AREA FEBRUARY 2024



BRINGING PEOPLE TOGETHER

Produced by:
Almond & Western
Voluntary Sector Forum

<https://facebook.com/awe.voluntary.sector>

Rannoch Community Centre - 6 Rannoch Terrace (Behind Drumbrae Hub) 0131 339 5351

National Blood Transfusion Service have organised a community blood donation day on Tuesday 23.4.24 from

2.00pm to 9.30pm in the Rannoch Centre

MONDAY 9.30am – 12pm *Parent & Toddlers – 1.00pm – 3pm *Baby Massage (Homestart) – starts 19/2/24 1.00pm – 3.30pm Carpet Bowls	WEDNESDAY <u>12.30pm</u> - 4pm THRIVE NHS drop in every 2 nd 1.00pm – 3.00pm *Baby PEEP (Homestart)
TUESDAY 9.30am – 12pm Badminton – 11am – 12.00pm Breast Feeding Group 12.45pm – 1.45pm Parenting Sessions NHS 1 st Tues every 2 nd month - starts 6/2/24 1.30pm – 3.30pm Voice Ability Group for unpaid adult carers	THURSDAY 9.30am – 12.00pm Badminton 1.00pm - 3.30pm Bingo 1.00pm – 3.00pm Bereavement Group 1 st Thursday FRIDAY 7.00pm – 10.00pm Badminton

For more information on all the activities offered by Rannoch Centre please contact the Centre Office on 0131 339 5351 or e-mail CLD-Rannoch@ea.edin.sch.uk

Corstorphine Window Wanderland - Saturday 24th and Sunday 25th February, 6 - 9pm

Once again we will brighten up the last weekend of February by transforming the streets of Corstorphine into a magical outdoor illuminated gallery for all to enjoy.

Window Wanderland is a free event and everyone is invited to take part – residents, schools, community groups and businesses. We hope the whole community will get involved with decorating windows or wandering, or both! For more information and to sign-up to make a window display, go to our website: <https://www.windowwanderland.com/event/corstorphine-2024/>

Open All Hours - Drumbrae Leisure Centre

Friday Nights 7-9 from 26th January – March 22nd (not running 16th 23rd February)

S1- S6 Free No need to book just pop along!

Come along and meet the youth work team, we have the opportunity to get gym accreditation, try new sports in the gym hall, we also have a program of Arts and Craft activities in our chill out space.

Further information from Andrew.welsh@ea.edin.sch.uk

St Anne's Church - 1 Kaimes Road - EH12 6JR - 0131 316 4740

Saturday Whist - Third Saturday of the month at 2pm in the Belgrave room. Whist is an enjoyable game of cards, which is easy to play from a beginner level. All welcome

Lunch Club – Wednesdays 12 noon in the Belgrave room.

Join us for something to eat and fun activities, followed by tea/coffee and home-made baked goodies.

FAN Club – Fortnightly on Fridays at 10.30am in Kaimes hall.

Friends And Neighbours -retired people who want to keep their minds active and informed. All welcome

Caring&Sharing @ St Anne's – Fortnightly on Fridays at 10.30am in the Belgrave Room.

We are a group that meets fortnightly on Friday mornings to enjoy coffee and a speaker on topics of a "caring" nature alternating with a café style meeting.

Film Night @ StAnne's – Tuesday February 27 Showing Roman Holiday.

Free entry and refreshments provided. Doors open at 6.30pm, the show begins at 7pm

More information on all our groups can be found on our website www.stannescorstorphine.org.uk

Friends Of Gyle Park – CPR and Defibrillator Training Course

FOGP have arranged a free training event open to all – on CPR and Defibrillator training on Saturday 17th February 2024. The training will be held at St Thomas' Church 75-79 Glasgow Road EH12 8LJ

There will be 2 one hour sessions **1.00pm – 2.00pm and 2.00pm – 3.00pm**

Places are limited, please reserve your slot by e-mailing your name, phone number and preferred session to info.fotgp@yahoo.com

Drumrae Library Hub - 81 Drum Brae Drive, Edinburgh, EH4 7FE – 0131 529 5244

Kids Group – fun, snacks and activities for P5-P7s – every Monday 6-7pm

NHS Baby Weighing Session – every Tuesday now at 10-11am

Teen Group – a range of activities and workshops for S1-S6s with the Youth Work team – every Wednesday 6-7pm

Hub Board Gamers – board games group for adults, organised through Meetup – every Saturday 10am-4:30pm

Corstorphine Connect Sight Loss Group -

The Corstorphine Connect Sight Loss Group meets on the 3rd Saturday of every month at the Corstorphine Astoria Centre 2pm-3.30pm, 18 Kirk Loan for "Coffee, Cake and Chat" followed by an interesting Speaker. Everybody is welcome including a family member or friend. At our meeting on February 17th, Anne Dignan tells of her journey with Sight Loss and running a Group for the Macular Society. Then on March 16th Sylvia Paton who has a Guide dog herself will talk about the Guide Dog Association who have offices in Corstorphine.

For more information contact Hazel T 07899875713 e-mail hi.kelly@virgin.net or just come along on the day.

ANDYSMANCLUB – Space To Be Gyle Centre EH12 9JY

ANDYSMANCLUB is a talking group for men to help you through those storms. The club meets every Monday 7- 9pm (except Bank Holidays) in Space to Be, Gyle Centre.

For further information contact info@andysmanclub.co.uk or our Website www.andysmanclub.co.uk

ACE IT - Digital Skills Support Sessions at the Space to Be at Gyle Shopping Centre (located in the Food Court). Come along to sessions every **Wednesday from 2pm to 4pm**. Sessions are open to anyone over 50 needing help with their digital device or wants to get online. Contact info@aceit.org.uk or call 0131 667 2053 to sign up.

Saughtonhall Community Association - SCA Recreation Hall at 22a Saughtonhall Avenue, EH12 5RN.

Everyone is welcome to come along and join us on Friday 2nd February from 10am until 12 noon at the Saughtonhall Community Hall. There will be hot drinks and snacks. Board games will be provided and feel free to bring along knitting or sewing.

Warm welcome sessions will take place on the first Friday of each month until June 2024..

There is always interesting chat and this is a chance to meet other members of this community.

Don't be shy, come along, the more the merrier. There is no charge but any small donations are always welcome.

Corstorphine Library – 12 Kirk Loan EH12 7HD - 0131 529 5506

***NEW** Poetry Reading Group:** Third Tuesday of the month from 1:30-3:00pm. Each month the group will identify a poet to discuss. One member will prepare a short introduction of the life and works of the poet, and then everyone will have a chance to share their favourite poem, with plenty of time for discussion and reflection.

Memory Group: Third Thursday of the month from 1:30-2:30pm. Join us as we reminisce over historical pictures of Edinburgh and Scotland. Upcoming themes include 'Childhood' and 'Seaside Holidays'.

Contact the library on 0131 529 5506 or corstorphine.library@edinburgh.gov.uk for more information or to book your place at our Poetry Reading Group or Memory Group.

Energize Health and Fitness – 3 Lochside Place EH12 9DP 0131 317 0260

Opening times Monday - Friday 6:00 - 20:30 Saturday - Sunday 8:30 - 18:00

Our mission is to reduce social isolation and promote a healthy lifestyle.

Over 50s Get Active - FREE 45 min classes - Stay active and be a part of the community

Monday 10:30am, Tuesday 10:15am, Wednesday 10:15am, Thursday 9:30am, Friday 10:15am

Teen Fit - FREE 60 min classes - A fun way to spend free time and meet friends.

Monday - Friday 3.30pm - 5pm (Instructor-led class 4pm - 5pm)

PREBOOKING is required for all classes.

Corstorphine Community Centre – Westfield House , 5 Kirk Loan . EH12 7HD

Join us weekdays from 10am-3pm. With over 20 groups a week, events and volunteering opportunities, we have something for everyone. Contact us to find out more

Website	www.corstorphinecommunitycentre.org.uk
Bookings	https://www.corstorphinecommunitycentre.org.uk/bookings-and-appointments
Contact - Jenni	07580 659 676 admin@ccchub.online
Volunteering - Louise	volunteers@ccchub.online 07778 888 536
Groups - Fiona	development@ccchub.online 0778 086 2825
Social media	https://www.facebook.com/CorstorphineCommunityCentre/@cortorphineco1
Events	Tea dances, Saturdays 2-4pm : 27 th Jan, 24 th Feb & 30 th March